

# Jonas Nakonz

11. 11. 1985



Dialogue is my way of integrating  
an analytical mind and an empathic heart.

## Work experience

- |                           |   |
|---------------------------|---|
| 09/2022-present<br>Zurich | <b>Ombudsperson</b><br>ETH Zurich<br><i>Mediation, counselling, conflict management</i>   |
| 09/2022-present<br>Zurich | <b>Independent mediator</b><br>www.nakonz.ch  |
| 11/2020-present<br>Zurich | <b>Ombudsperson</b><br>Kalkbreite cooperative   |
| 6/2018- 6/2022<br>Zurich  | <b>Senior project manager: Policy Kitchen (40-80%)</b><br>foraus - Swiss forum on foreign policy<br><i>Large transnational participatory processes on various policy issues<br/>Impacting leaders, governments and multilateral organisations<br/>Acquired &gt;1.5 million CHF in projects; led teams up to 50 people</i> |
| 6/2015-5/2018<br>Zurich   | <b>Project manager: Migration dialogue (80%)</b><br>foraus - Swiss forum on foreign policy<br><i>Responsible for nationwide migration dialogue with over 550 participants from<br/>sans-papiers to senior decision makers, &gt;120 policy events, 3 publications</i>  |
| 9/2014-5/2015<br>Zurich   | <b>Independent consultant</b><br>WHO report launch strategy   |
| 1/2014-8/2014<br>Beijing  | <b>Urban agriculture lead</b><br>We Impact 绿色冲击   |
| 4/2013-10/2013<br>Beijing | <b>Project lead: Food Loop modular urban farm</b><br>X6 / Tsinghua University / Swiss Agency for Development and Cooperation (SDC)  |
| 7/2012-1/2013<br>Beijing  | <b>Researcher: Low Carbon City China</b><br>University of Lausanne / SDC  |
| 9/2011-5/2012<br>Beijing  | <b>Chief editor: Chinese organic market intelligence</b><br>Greenbridge 绿桥  |
| 2/2010-8/2010<br>Zurich   | <b>Teaching assistant: International humanitarian law</b><br>ETH Zurich (Jakob Kellenberger, ICRC President)  |
| 5/2009-9/2009<br>Bern     | <b>Communications intern</b><br>swisspeace  |

## Education / Training

11/2024 - present Vienna	<b>Internal Family Systems Therapy</b> IFS Institut München
5/2023 Portoroz (SLO)	<b>Systemic constellations</b> Matthias Varga von Kibed & Insa Sparrer (35h training)
7/2022 Abano (IT)	<b>Hypnosystemic basics</b> Metaforum / Gunter Schmidt (34h training)
12/2018-12/2020 Berlin	<b>Mediation and conflict management in organisations</b> Inmedio (200h training plus practice)
9/2009 – 6/2011 Zurich	<b>MA Comparative and International Studies (Political Violence)</b> ETH Zurich & University of Zürich (joint master)  <i>Thesis: Peace agreements and rebel fragmentation in civil war (5.75/6)</i>
9/2007 – 7/2008 Hong Kong	<b>Exchange Year</b> Chinese University of Hong Kong
9/2005 – 1/2009 Fribourg (CH)	<b>BA in Sociology of Religion and Economics</b> University of Fribourg (bilingual French / German)  <i>Thesis based on 1y field research: Religion and microeconomics of Filipino migrant workers in Hong Kong (6/6)</i>
8/2001 – 7/2002 Moscow	<b>Exchange Year (AFS)</b> High School No. 662
8/1998 – 8/2004 Zurich	<b>High School</b> Realgymnasium Rämibühl (Focus ancient languages & theatre)  <i>Thesis based on qualitative research among Neonazi groups in Russia (6/6)</i>

## Volunteering

11/2023-present Zurich	<b>Board Member</b> Federation Suisse Mediation FSM
06/2022-10/2023 Zurich	<b>President of Congress Organizing Committee</b> Federation Suisse Mediation FSM <i>Responsible for largest mediation congress in Switzerland</i>
12/2004-11/2005 Manila	<b>Theatre work with children in prisons</b> PREDA, <a href="http://www.preda.org">www.preda.org</a>

## Languages (CEFR scale)

German	C2	Mandarin	B1	Tagalog	A2
English	C2	Russian	B1	Italian	A1
French	C1			Spanish	A1